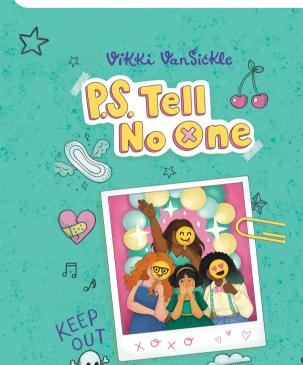
## Discussion Guide

## **Discussion Questions**

## Activities





1. What is the definition of stigma and how does it relate to the conversations in *P.S. Tell No One?* 

- 2. Do you think the story would have worked in another format (instead of diary-style?) Why or why not?
- 3. What is one fact you learned from the book that you think everyone should know?







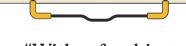
- 4. What topics do you wish were covered more often in books?
- 5. Which character did you relate to the most and why?
- 6. Have you ever been part of a secret club?

- 1. Pretend you are MP are write the speech she gives to be elected class rep for the school leadership team.
- 2. Write a silly ode to something, just Twix's poem Fallopian Forever
- 3. Design a t-shirt to support a cause that is important to you, just like Sunny.
- 4. Create a ritual, event, activity or method of celebrating someone's first period.
- 5. Write a collaborative story by writing an entry or paragraph and pass it around with your friends.
- 6. In the beginning of class, Mr. K makes each student write down a goal for the year. Do you have a goal for this year?
- 7. Make an empowering playlist to share with your friends.









"With refreshing candor, quick-witted quips, and solid information, the author has created a support network every tween needs."
-Canadian Children's Book News

