

Discussion Guide

Discussion Questions

Activities



1. What is the definition of stigma and how does it relate to the conversations in *P.S. Tell No One*?
2. Do you think the story would have worked in another format (instead of diary-style?) Why or why not?
3. What is one fact you learned from the book that you think everyone should know?

Start your own P.A.D!

4. What topics do you wish were covered more often in books?
5. Which character did you relate to the most and why?
6. Have you ever been part of a secret club?

1. Pretend you are MP and write the speech she gives to be elected class rep for the school leadership team.
2. Write a silly ode to something, just Twix's poem Fallopian Forever
3. Design a t-shirt to support a cause that is important to you, just like Sunny.
4. Create a ritual, event, activity or method of celebrating someone's first period.
5. Write a collaborative story by writing an entry or paragraph and pass it around with your friends.
6. In the beginning of class, Mr. K makes each student write down a goal for the year. Do you have a goal for this year?
7. Make an empowering playlist to share with your friends.

#fallopian forever

CONSENT IS COOL

“With refreshing candor, quick-witted quips, and solid information, the author has created a support network every tween needs.”

-Canadian Children's Book News

